

ADAPTIVE ALPINE SKIING

WHO CAN PLAY?

Anyone with a permanent physical disability or visual impairment who can ski the race course independently can participate in adapted alpine skiing events. Adapted alpine skiing can be integrated into the school's existing program.

SCORING

Downhill	Time of a single run determines result
Slalom	Combined times of two runs determines results (course is reset between runs)
Giant Slalom	Combined times of two runs determines result (course is reset between runs)
Super Giant Slalom (Super-G)	Times of single run determines result
Super Combined (SC)	Combined times of one downhill and one slalom OR one super-g and one slalom determine result



ADAPTIVE EQUIPMENT

Outriggers

Similar to a ski pole but with an adapter that allows a ski top to be attached to the end. The ski tip is retractable and can flip up to expose metal claws for gripping the snow.



Mono Ski: Molded seating apparatus mounted on one ski.

Bi-Ski: Molded seat apparatus mounted on two skis.



RESOURCES

For more information, visit:
www.athleticsforall.net

