



# WHEELCHAIR BASKETBALL

## WHO CAN PLAY

Wheelchair basketball is for individuals of all ability levels. The only requirement is that participants must be able to maneuver in a manual wheelchair. Those individuals without disabilities that choose to participate, must play in a chair, and may at no point attempt to stand up or use their lower extremities.

## OVERVIEW

**COURT:** Standard baseball court dimensions and hoop height.

**EQUIPMENT:** Standard regulation basketball.

**TIME LIMITS:** Four periods of 10 minutes or two halves of 20 minutes.

**SCORING:** Standard basketball scoring, front wheels of the basketball chair may be in front of free throw line; only rear wheels must be behind the free throw line.

**MODIFICATIONS:** The field of play, time limits, and equipment can be modified to accommodate student of varying abilities. An 8.5' basket, women's ball, or a Spalding NBA Rookie Composite Ball are standard modifications used to help students achieve success in wheelchair basketball.

## CHAIR



- |                |                   |
|----------------|-------------------|
| 1. Backrest    | 6. Frame          |
| 2. Rear axle   | 7. Traverse bar   |
| 3. Rear wheels | 8. Front rigging  |
| 4. Hand rims   | 9. Footrests      |
| 5. Seat        | 10. Front casters |

## RULE MODIFICATION EXAMPLES

- **TRAVELING:** You must dribble once per two pushes on your wheelchair.
- **DOUBLE DRIBBLE:** There is no double dribble violation in wheelchair basketball.
- **PERSONAL ADVANTAGE FOUL:** Due to the varying degrees of disability, you cannot use a functioning lower extremity as a physical advantage. For example, you cannot lift buttocks off of the chair seat.
- **FALLING:** Play is suspended during a fall only if there is a chance of danger or injury to the fallen player.